ICS State Activities

North Zone

“CONGRATULATIONS DELHI FOR WINNING THE ICS BEST STATE CHAPTER AWARD 2019 AT NAPCON KOCHI”

1. OMAG MEETING - Delhi

On behalf of INDIAN CHEST SOCIETY CHAIRMAN NORTH ZONE Attended to day a meeting of Organised Medicine Academy Guild of India at LEELA GURUGRAM for policies for UG & PG PROGRAM OF INDIA IN WITH Secretary General, NMC DR. VATS & BOARD OF DIRECTOR, NMC DR. GULERIA.
As we know with increasing pollution in the country and specially in Delhi which is the most polluted city in the country, the respiratory disease are on rise. Mostly it is COPD and asthma with bronchitis. In these diseases there is inflammation of the airway of the lungs which leads to restriction and obstruction of the airways. To measure these we need pulmonary function test, to do PFT we need technicians. Indian chest society with pulmonary foundation did PFT technician course on 04 & 05 January 2020 for children at Jaipur Golden Hospital who were 10+2 passed. This was skill development course and we trained 35 students who participated and passed the course successfully.

This was organised by Dr. Rakesh K. Chawla (Sr. Consultant Interventional Pulmonologist) and Dr. Aditya K. Chawla (Jr. Consultant Interventional Pulmonologist) Jaipur Golden Hospital and Saroj Super Speciality Hospital.

You will be happy to know that candidates were from Gwalior, Jhansi, Uttarakhand, Bhopal and one 1st year MD Pulmonology student from Medical College Bhopal. It was encouraging.
3. **AIIMS CONFIP-2019** *(One-and-a-half day CME-cum-Workshop on Linear & Radial Endo-Bronchial Ultrasound (EBUS) and Rigid Bronchoscopy)* -
**AIIMS Rishikesh, 7th - 8th December 2019**

**Resource faculty:**
1. Dr. Ali Musani (President of the American Association of Bronchology & Interventional Pulmonology and Chief of IP at University of Colorado) online via the Zoom app.
2. Dr. Karan Madan, Associate Professor, Deptt. of Pulmonary Medicine & Sleep Disorders, AIIMS New Delhi.
3. Dr. Saurabh Mittal, Assistant Professor, Deptt. of Pulmonary Medicine & Sleep Disorders, AIIMS New Delhi.

**Organising Team:**
1. Prof Girish Sindhwani, Organising Chairman & Head - Deptt. of Pulmonary Medicine, AIIMS Rishikesh.
2. Dr. Mayank Mishra, Organising Secretary & Associate Professor - Deptt. of Pulmonary Medicine, AIIMS Rishikesh.
3. Dr. Ruchi Dua, Member Organising Committee & Associate Professor - Deptt. of Pulmonary Medicine, AIIMS Rishikesh.
4. Dr. Prakhar Sharma, Member Organising Committee, Workshop Souvenir Editor, & Assistant Professor - Deptt of Pulmonary Medicine, AIIMS Rishikesh.
5. Dr. Lokesh Kumar Saini, Member Organising Committee & Assistant Professor - Deptt. of Pulmonary Medicine, AIIMS Rishikesh.

A total of 30 delegates attended the workshop.

**Day One (07.12.19)** was held at AIIMS Rishikesh and included learn-through-lecture sessions which focussed on interactive lectures by the resource faculty. The inaugural ceremony was held in between and attended by various dignitaries of the Institute, and the AIIMS CONFIP-2019 Workshop Souvenir was released. In the post-lunch session, delegates performed hands-on practise on do-it-yourself workstations on linear EBUS, radial EBUS, ROSE, rigid bronchoscopy, airway stenting and EBUS simulation.

**Day Two (08.12.19)** was held in co-ordination with the Deptt of Anatomy of Himalayan Institute of Medical Sciences (HIMS), Dehradun in their dissection hall. This was a focussed hands-on training of rigid bronchoscopic intubation on soft human cadavers which were provided by the Deptt of Anatomy of HIMS Dehradun. Each participant had ample opportunity to perform the procedure himself/herself to learn the art of rigid bronchoscopy.
4. WEBINAR ON TUBERCULOSIS (APPROACH TO DRUG RESISTANT TB AND ITS MANAGEMENT) -
AIIMS Rishikesh, 18th June 2020

Resource faculty:
1. Prof. Dr. Suryakant Tripathi
2. Prof. Dr. D. Behera

Moderators:
1. Dr. Ruchi Dua, Associate Professor, Department of Pulmonary Medicine
2. Dr. Sanjay Rajpal, Medical Advisor & Mentor, VPCI, New Delhi

Conducted online via the Zoom app, this webinar was attended by almost 100 participants. After a brief introduction about the speakers, the 1st session was taken by Prof Suryakant on approach to drug resistant TB. This was followed by the 2nd session on management of drug resistant TB by Prof D. Behera. The event was conducted under the banner of UKICS jointly by the Department of Pulmonary Medicine, AIIMS Rishikesh and Core Committee of NTEP, facilitated by SRL Diagnostics.

4. WEBINAR ON MYTHS & FACTS ABOUT COVID-19 (FEAR & STRESS MANAGEMENT IN TIMES OF A PANDEMIC) -
AIIMS Rishikesh, 30th June 2020

Panelists:
1. Prof. Dr. Girish Sindhwani, Professor & Head, Department of Pulmonary Medicine, AIIMS Rishikesh
2. Dr. Malini Srivastava, Clinical Psychologist, HIMS, Dehradun
3. Dr. Parvej Ahmad, Consultant Pulmonology, Group Head Quality Assurance, Subharti Medical College, Dehradun/Meerut
4. Ms Payal M. Kuthari, Psychotherapist and Social Activist

Streamed live on Facebook and Zoom, this online awareness program targeting the general public was attended by more than 600 attendees. It aimed to clear doubts and myths which are widely prevalent among the masses and provide them with genuine facts about the current COVID pandemic.

5. WEBINAR ON INFECTION CONTROL PRACTICES IN HOSPITALS DURING AIRBORNE EPIDEMICS -
AIIMS Rishikesh, 1st July 2020

Panelists:
1. Prof. Dr. Girish Sindhwani, Professor & Head, Department of Pulmonary Medicine, AIIMS Rishikesh
2. Prof. Dr. Anurag Agarwal, Professor & Head, Department of Pulmonary Medicine, Govt. Doon Medical College, Dehradun
3. Dr Gaurav Singhal, Pulmonologist & Critical Care Specialist, Haldwani
4. Dr Vaibhav Chachra, Sr. Pulmonologist, Max Hospital, Dehradun
5. Mr Manish Srivastava, Co-founder Moxie Lab

Moderator:
1. Dr. Parvej Ahmad, Consultant Pulmonology, Group Head Quality Assurance, Subharti Medical College, Dehradun/Meerut
Streamed live on Facebook and Zoom, this online awareness program targeting physicians, hospital administrators and healthcare workers was attended by nearly 60 participants. It focused on infrastructure requirement and patient flow in hospitals for COVID-19 patients, infection control practices adopted by different institutions, and role of telemedicine in the COVID era.